

1 **Implications of *stx* loss for clinical diagnostics of Shiga toxin-**  
2 **producing *Escherichia coli***

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## 31 **Abstract**

32 The dynamics related to the loss of *stx* genes from Shiga toxin-producing *Escherichia coli*  
33 remain unclear. Current diagnostic procedures have shortcomings in the detection and  
34 identification of STEC. This is partly owing to the fact that *stx* genes may be lost during an  
35 infection or in the laboratory. The aim of the present study was to provide new insight into *in*  
36 *vivo* and *in vitro* *stx* loss in order to improve diagnostic procedures. Results from the study  
37 support the theory that loss of *stx* is a strain-related phenomenon and not induced by patient  
38 factors. It was observed that one strain could lose *stx* both *in vivo* and *in vitro*. Whole genome  
39 comparison of *stx*-positive and *stx*-negative isolates from the same patient, revealed that  
40 different genomic rearrangements, such as complete or partial loss of the parent prophage,  
41 may be factors in the loss of *stx*. Of diagnostic interest, it was shown that patients can be co-  
42 infected with different *E. coli* pathotypes. Therefore, identification of *eae*-positive, but *stx*-  
43 negative isolates should not be interpreted as “Shiga toxin-lost” *E. coli* without further testing.  
44 Growth and recovery of STEC was supported by different selective agar media for different  
45 strains, arguing for inclusion of several media in STEC diagnostics.

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47

## 48 **Keywords**

49 STEC diagnostics, *stx*-loss, EHEC diagnostics, phage excision, selective culture media

50

## 51 **Introduction**

52

53 Shiga toxin-producing *Escherichia coli* (STEC) are foodborne pathogens that can cause a  
54 wide range of gastrointestinal and systemic diseases. Shiga toxins are considered to be the  
55 major virulence factors of STEC, and are necessary for the development of severe conditions  
56 including hemorrhagic colitis and hemolytic uremic syndrome (HUS) [1]. The family of Shiga  
57 toxins contains two subgroups, Stx1 and Stx2, and several subtypes, Stx1a, c, d and Stx2a-h,  
58 of which Stx2h is the most recently described subtype [2]. Stx2 subtypes vary in their  
59 pathogenic potential. Most studies describe Stx2a, c and d as the most virulent [3]. However,  
60 severe clinical outcomes have also been described for other subtypes [4,5]. Genes encoding  
61 Stx1 and Stx2 are located on different prophages that integrate at specific sites into the *E. coli*  
62 genome, a process known as lysogenic conversion. When the phages are silent, their *E. coli*  
63 hosts survive as lysogenic strains without expressing the *stx* genes [6]. Environmental stress  
64 factors and/or DNA-damaging agents may activate the phage lytic cycle, with concomitant *stx*

65 expression and release of Stx toxins and phage particles [7,8]. Alternatively, the Stx encoding  
66 phage DNA may spontaneously excise from the STEC genome without subsequent cell lysis.  
67 The resulting *E. coli*, without integrated *stx*, is termed ‘STEC lost shiga toxin’ (STEC-LST).  
68 STEC and STEC-LST may co-exist *in vivo* and recycle Stx-encoding phages so that they can  
69 exist as *stx*-negative variants and then convert back to *stx*-positive forms [9-11]. The Stx-  
70 encoding phage may also be lost during laboratory passages [11,12].

71

72 In clinical diagnostics, the presence of STEC is usually confirmed by PCR-based detection of  
73 *stx* in cultured *E. coli* or directly in stool samples. In the latter instance, positive results are  
74 usually followed up by culturing *E. coli* from stools and performing *stx*-PCR on isolates.  
75 Excision or loss of the *stx* prophage *in vivo* or during laboratory sample processing, complicates  
76 STEC diagnostics. STEC with intact prophages may be low in numbers and, therefore, difficult  
77 to detect. Furthermore, induction into the lytic cycle with subsequent cell disruption adds to the  
78 complexity of STEC diagnostics. The aim of the present study was to provide new insight into  
79 *in vivo* and *in vitro* *stx*-loss in order to improve diagnostic procedures. Loss of *stx* was  
80 investigated in patient stool samples at different stages of infection and after inoculation onto  
81 agar, using qPCR. Whole genome sequencing of *stx*-positive and *stx*-negative bacterial isolates  
82 was performed to gain insight into genomic rearrangements that had occurred. Finally, different  
83 selective agars were tested for recovery of STEC in the presence of STEC-LST and background  
84 flora. Based on our findings, we discuss strategies to improve STEC diagnostics.

85

## 86 **Materials and Methods**

87

### 88 Patient samples and clinical information

89 The period of investigation was from 2013-2014. Patients included in the study were either  
90 hospitalized at Akershus University Hospital, Norway (Ahus) or in primary health care. All  
91 patients were suffering from infectious diarrhea, which was in some cases bloody. Diagnostic  
92 samples were received at the Ahus Department of Clinical Microbiology and Infection  
93 Control. When STEC was detected in a sample, the patient, or if a juvenile the parents of the  
94 patient, were invited to participate in the study. Written consent was obtained from all  
95 participants. The study was approved by the Data protection manager at Ahus (Project

96 number12-042) and by the Regional Committees for Medical and Health Research Ethics  
97 (REK), South East, Norway (Project number 2012-102).

98

99 Initial diagnostic procedures

100 Stool samples were investigated for the presence of STEC and other gastrointestinal  
101 pathogens using a commercial CE-labeled PCR kit (RIDA<sup>®</sup>GENE EHEC/EPEC real-time  
102 PCR, R-Biopharm AG, Darmstadt, Germany) [13]. Samples that tested positive for *stx* were  
103 cultured to recover the STEC isolate, which was then verified, serotyped and further  
104 characterized at the National Reference Laboratory for Enteropathogenic Bacteria (NRL) at  
105 the Norwegian Institute of Public Health. *Stx* subtype was determined as described by  
106 Scheutz *et al.* [14] with minor modifications. Patients with STEC serotypes known to cause  
107 severe infection and subtypes *stx2a*, *stx2c*, *stx2d* and *stx1* were included in the study. STEC  
108 subtypes *stx2b* and *stx2e-g* were excluded as they have only rarely been associated with  
109 clinical infections in Norwegian patients [3]. STEC subtype *stx2h* was not identified in  
110 Norway at the time of the study. Two or three follow-up stool samples were collected from  
111 each patient at intervals of approximately one week during the period of illness. Stool samples  
112 were stored at -80° C until processed.

113

114

115 Recovery of STEC on different culture media

116 Samples included in the study were cultured onto CHROMagar STEC (CHROMagar  
117 Microbiology, Paris, FR) and lactose agar to quantify STEC and putative STEC-LST. Lactose  
118 agar, an in-house medium for detection of Enterobacteriaceae, contains tryptose agar base,  
119 lactose, sodium chloride and bromothymol blue. For each sample, 16-48 different colonies  
120 growing on the agars were examined for *stx*, *eae* and the corresponding O-serogroup (target  
121 genes *wzx* or *wzy*), H-serogroup (target gene *fliC*) or lysozyme P (*lysP*) using real time PCR  
122 [13,15-19]. Primers and probes are described in Table 2. QuantiFast Pathogen PCR /IC Kit  
123 (Qiagen, Hilden, Germany) was used for TaqMan probe assays, while SYBR Premix Ex Taq  
124 (Takara Bio, Inc., Otsu, Japan) was used for the SYBR green assays.

125

126 Loss of *stx* during *in vitro* culture

127 To investigate if *stx* was lost during the *in vitro* culture step, the amount of *stx* relative to its  
128 corresponding STEC O-serogroup target gene (alternatively H-serogroup/*lysP*) was determined  
129 before and after culture on lactose agar. DNA was extracted from stool samples (100 µl) in  
130 Cary-Blair transport medium (Copan Italia S.P.A, Brescia, Italy) or RNAlater™ stabilization  
131 reagent (Qiagen, Hilden, Germany) using QIASymphony (Qiagen) as previously described [13].  
132 Following stool culture (100 µl) on lactose agar, all the colonies on the plate were suspended  
133 in 5 ml PBS, and 200 µl of this suspension was used for DNA extraction using the  
134 QIASymphony protocol. qPCR was performed in triplicates (Table 2) and the relative quantity  
135 of *stx* ( $\Delta\text{Ct } stx$  - O-serogroup target gene) in the stool sample versus colonies on lactose agar  
136 was determined for every patient. Four patients were excluded from these analyses due to the  
137 unsuccessful recovery of STEC (Patients 3 and 9) or insufficient amounts of sample material  
138 (Patients 8 and 10).

139

140 Loss of *stx* across stages of infection

141 Follow-up stool samples from each patient were investigated for *stx* and the O-serogroup target  
142 gene (alternatively H-serogroup or *lysP*) that was detected in the initial sample. At intervals of  
143 approximately one week from the onset of infection the relative quantities of *stx* ( $\Delta\text{Ct } stx$  - O-  
144 serogroup target gene) were determined and compared to the primary diagnostic sample (time  
145 point 1). Patients 2, 3, 4, 9 and 12 were not included in these analyses as follow-up samples  
146 were not available.

147

148 Whole genome sequencing of *stx*-positive and *stx*-negative isolates

149 When *stx*-positive and *stx*-negative *E. coli* of the same serogroup were identified in a sample,  
150 whole genome sequencing (WGS) was performed for comparison of isolates. DNA was  
151 extracted with QIAGEN Genomic-tip 100/G (Qiagen) and a library was prepared using the  
152 Pacific Biosciences 20 kb library preparation protocol (Pacific Biosciences, Menlo Park, CA).  
153 Size selection of the final library was performed using BluePippin (Sage Science, Beverly,  
154 MA, USA) with 10 kb cut-off. The library was sequenced using a Pacific Biosciences RS II  
155 instrument employing P6-C4 chemistry with 360 minutes movie time. One SMRT cell was  
156 used for sequencing.

157

158 Bioinformatic analysis of whole genome sequence data  
159 Reads were assembled using HGAP v3 (Pacific Biosciences, SMRT Analysis Software  
160 v2.3.0). Only subreads longer than 8 kb were used for assembly. Minimus2 software of Amos  
161 package was used to circularize contigs which were confirmed by dotplot to contain the same  
162 sequence at the beginning and end of the contig. RS\_Resequencing 1 software (SMRT  
163 Analysis v2.3.0) was used to map reads back to assembled and circularized sequences. Low-  
164 coverage contigs were removed from the genome sequence before the mapping. Fasta files  
165 were submitted to the Centre for Genomic Epidemiology (CGE)  
166 (<http://www.genomicepidemiology.org/>) [20] for species identification with PathogenFinder  
167 [21], serotype- and multilocus sequence type identification with SerotypeFinder and MLST  
168 Finder [22,23] and the detection of plasmids, and virulence genes with PlasmidFinder and  
169 VirulenceFinder [24,25] (Table 3). The assembled chromosome sequences of each pair of *stx*-  
170 positive and *stx*-negative *E. coli* of the same serogroup were compared using MAUVE  
171 genome comparison tool version 2.4.0 [26]. Core genome MLST (cgMLST) was performed in  
172 Ridom SeqSphere+ version 5.1.0 (Ridom GmbH, Germany). Briefly, raw sequence reads  
173 were trimmed until an average base quality of 30 was reached in a window of 20 bases, and  
174 *de novo* assembly was performed using Velvet version 1.1.04 with default settings. The  
175 integrated *Escherichia coli* cgMLST scheme v1 from Enterobase  
176 (<https://enterobase.warwick.ac.uk/species/index/e.coli>) was used. The allelic profiles of the  
177 isolates were visualised as a minimum spanning tree using the parameter “pairwise ignoring  
178 missing values”.

179

180

## 181 **Results**

182 STEC isolates and their recovery on different culture media

183 Thirteen patients were enrolled in the study and 12 *stx*-positive isolates were isolated from 11  
184 of these patients. Two different STEC were identified from one of the patients. In the case of  
185 two patients no STEC were cultured from the samples. The 12 *stx*-positive isolates  
186 represented four different O-serogroups. One isolate was an unknown O-serogroup and one  
187 isolate was identified as *Escherichia albertii* [27] (Table 1). CHROMagar STEC was  
188 successful in selecting for STEC O157 and suppressed growth of commensal *E. coli*. STEC  
189 O157:H7 from patient 13 was recovered in pure culture on CHROMagar STEC, while it was  
190 suppressed by commensal flora on lactose agar in the primary cultivation step (Fig. 1).

191 CHROMagar STEC was also successful in selecting for STEC O103 from two patient  
192 samples, although a third STEC O103 was not initially found using this medium. STEC  
193 O26:H11 was not able to grow on CHROMagar STEC, while lactose agar supported growth  
194 of all STEC in this study (Fig. 1).  
195

#### 196 Co-existence of STEC, STEC-LST and other *E. coli* pathotypes

197 In samples from three different patients, a co-existence of *stx2*-positive/*eae*-negative and *stx2*-  
198 negative/*eae*-positive *Escherichia* was found. In one of these patients (p5), 14 of 40 colonies  
199 from lactose agar were *stx2*-negative *E. coli* O145:H28, while only one of 40 colonies was  
200 *stx2*-positive *E. coli* O145:H28. Twenty-five colonies from lactose agar were commensal *E.*  
201 *coli* (Fig. 1). In samples from patient 7, one colony of *stx2*-positive *E. albertii* and four  
202 colonies of *stx2*-negative *E. albertii* were identified out of 34 colonies tested from lactose agar  
203 (Fig. 1).

204 Pairs of *stx*-positive and *stx*-negative colonies of the same serogroup were subjected to whole  
205 genome sequencing. Bioinformatic analysis identified the pair of O145:H28 isolates as *E. coli*  
206 of the same MLST type. Both isolates contained the same plasmids and virulence genes, and  
207 differed only in their *Stx*-encoding genes (Table 3). The pair of *E. albertii* isolates was also  
208 shown to contain identical virulence genes, except for *stx* (Table 3). Genome analysis using  
209 MAUVE showed that the *stx*-negative O145:H28 isolate was lacking a ~9000 base pair partial  
210 sequence region of the *stx*-prophage (Fig. 2a). The *stx*-negative *E. albertii* was missing  
211 approximately 62 000 base pairs (corresponding to a complete prophage DNA sequence)  
212 present in its *stx*-positive counterpart (Fig. 2b). cgMLST using 2513 targets detected  
213 illustrated 0 and 1 allelic differences between the *stx*-negative and *stx*-positive *E. coli*  
214 O145:H28 (patient 5) and *stx*-negative and *stx*-positive *E. albertii* (patient 7), respectively  
215 (Fig. 3). Whole genome sequences of the isolates have been submitted to the European  
216 Nucleotide Archive Study ID PRJEB27634 (ERP109742).

217 Samples from patient 1 also contained a co-existence of *stx2*-positive/*eae*-positive and *stx*-  
218 negative/*eae*-positive *E. coli*. In these samples, the isolates were found to be of different  
219 serotypes. Of 24 colonies tested from lactose agar, six were STEC O26:H11, seven were  
220 Enteropathogenic *E. coli* (EPEC) O21, eight were EPEC of unknown serotype and three were  
221 Enteroaggregative *E. coli* (EAEC) O104:H4. On CHROMagar STEC, only EPEC O21 and  
222 EAEC O104:H4 were detected (Fig. 1).

223

224

225

226 Loss of *stx* across stages of infection and after *in vitro* culture

227

228 The general pattern for all patients was a decrease in both *stx* and *O/H/lysP* from time point 1  
229 to time point 4, and hence a reduction of STEC over time. In two patients (patients 5 and 8),  
230 neither *stx* nor the O serogroup target gene were detected in the follow-up samples. In five  
231 patients (patients 1, 6, 8, 10 and 11), the relative quantities of *stx* were stable or higher in the  
232 follow-up samples (Fig. 4). Samples from patient 7 diverged from this pattern. Here, *stx* was  
233 not detected at time points 2, 3 and 4, while *lysP* (*E. albertii* specific target) was detected at  
234 every time point, indicating the presence of *stx*-negative *E. albertii* and *in vivo stx* loss (Fig. 4).  
235 Subsequent to agar culture, decreased *stx* quantities relative to the O serogroup target gene were  
236 observed for three of the samples (patient 1, 5 and 7, log<sub>2</sub> fold change >2.5). This suggests *in*  
237 *vitro* loss of *stx* (Fig. 5).

238

239

## 240 Discussion

241 The aim of the present study was to provide new insight into *in vivo* and *in vitro stx*-loss in  
242 order to improve diagnostic procedures. A proposed theory for loss of Stx-encoding phages  
243 from STEC is that this offers a selective advantage for the cell and favors bacterial survival  
244 [11]. Both strain-related and patient-related factors, as well as environmental factors may  
245 influence this process. Most available information at the present time support the theory that  
246 *stx*-loss is related to serotype or *stx* subtype. Mellmann and colleagues [11] documented  
247 progressive *stx* loss in seven different patients infected with STEC O26:H11 and O157:NM.  
248 Another study from the same group found that 5% of HUS patients had shed STEC-LST  
249 O26:H11, O103:H2, O145:H28 and O157:H7 by the time of testing [10]. *stx* loss was  
250 identified in STEC O145:H28 also in the present study, and indicated, but not verified in  
251 STEC O26:H11. Two different STEC isolates were identified in one of the patient samples.  
252 These were STEC O145:H28 containing *stx2a* and STEC O103:H2 containing *stx1*. Only  
253 STEC O145:H28 existed as *stx*-positive and *stx*-negative variants, providing support for the  
254 hypothesis that *stx*-loss is related to strain or *stx* type, and not induced by patient factors. In  
255 our work, *stx* loss was also detected in a patient infected with *stx2a*-positive *E. albertii*. This  
256 isolate was obtained from a patient suffering from bloody diarrhea [27]. To our knowledge,  
257 this study is the first to illustrate that *stx2* may be lost from *E. albertii*. Several studies have



258 shown that *stx* genes are more stably maintained in STEC O157:H7 strains than in non-O157  
259 strains [11,28]. This applies also to the STEC O157 isolates in the present study. Loss of *stx1*  
260 is less well known, and our data support the idea that *stx* is lost only in certain serotypes and  
261 *stx*-subtypes.

262

263 The median length of STEC carriage was in a recent study measured to 24 days [29]. The  
264 present work detected *stx* after three or four weeks in samples from seven patients, but for all  
265 patients, a progressive reduction of STEC was observed. For the patient with *E. albertii*, *stx*  
266 was not found seven days after the onset of disease, whereas *lysP* (*E. albertii* specific target)  
267 was detected at seven and 12 days. This finding suggests *stx* loss *in vivo*. Following laboratory  
268 culture of primary samples on agar plates, the sample with *E. albertii* displayed decreased  
269 quantities of *stx* relative to *lysP*, indicating *stx* loss also *in vitro*. Several studies have shown  
270 that STEC is prone to loss of *stx* after *in vitro* manipulation [12, 30]. Joris *et al.* [28] showed  
271 that *stx* genes may be lost already during the first subcultivation step; the present study  
272 illustrates that not only subcultivation, but primary cultivation may have the same effect. We  
273 cannot exclude that *in vivo* coexistence of *stx*-positive and *stx*-negative cells may have  
274 resulted in bias during the culture stage, as preexisting *stx*-negative variants may be more  
275 easily cultured than *stx*-positive variants. A progressive *stx*-loss in this strain in a plausible  
276 explanation.

277 Whole genome sequencing demonstrated that different genomic rearrangements may lead to  
278 *stx* loss. Isolates of *stx2*-positive *E. albertii* and *stx2*-negative *E. albertii* were sequenced and  
279 bioinformatics analysis showed that these were the same strain, with only one allelic  
280 difference using wgMLST. The *stx2*-negative isolate had lost the entire *stx2* encoding phage.  
281 In this strain, free bacteriophages may have co-existed with *E. albertii* *in vivo* and  
282 bidirectional conversion of the Stx phage between *stx*-positive and *stx*-negative variants may  
283 have occurred [9]. Results from the present study also suggest *in vitro* loss of *stx* in samples  
284 from the patient with *stx*-positive and *stx*-negative *E. coli* O145:H28. Whole genome  
285 sequencing revealed that these were the same strain, but that one of them was missing some of  
286 the *stx* prophage, including the *stx* genes. Remnants of the prophage, including the late gene  
287 regulator Q and the genes encoding the phage structural proteins, were still present in the *stx*-  
288 negative isolate. This would be in line with a different genomic rearrangement rather than loss  
289 of the complete prophage. Since the prophages are not intact when the phage DNA is excised,  
290 these are not likely to be transferred to new cells. The reason for only partial loss of the Stx

291 prophage is not clear. Theoretically, it could be related to bacterial survival and adaptation  
292 and lower virulence expression. The patient from which this isolate was identified, suffered  
293 from bloody diarrhea and was hospitalized for four days. He was co-infected with STEC  
294 O103:H2. Of diagnostic interest, the results illustrate that sequence analysis of more STEC-  
295 LST isolates may reveal new diagnostic targets. For example, a PCR-assay for the late gene  
296 regulator Q could be used to detect remnants of Stx prophages and identify *stx* loss in some *E.*  
297 *coli* isolates.

298

299 Culture on selective agars

300 STEC diagnostics is often based on detection of *stx* in *E. coli* isolates or directly in stool samples  
301 using PCR. An indication of the presence of STEC in a patient sample may be the patient's  
302 clinical presentation or a positive *stx* PCR-result from stool samples. A routine procedure for  
303 STEC detection used at many hospital laboratories is to test 2-8 colonies isolated from stool  
304 samples for the presence of *stx* [13,31].

305 It can be technically challenging to culture low quantities of STEC in samples with co-occurring  
306 STEC-LST and other *E. coli*. In this study, analysis of the two patient samples with pairs of *stx*-  
307 positive and *stx*-negative *E. coli* showed that only a minority of the colonies growing on lactose  
308 agar and CHROMagar STEC were STEC. The majority of colonies growing from these samples  
309 were STEC-LST, competing microflora or commensal *E. coli*. Therefore, detection of 2-8 *stx*-  
310 negative colonies in a *stx*-positive stool sample should not lead to termination of the STEC  
311 "search". STEC isolates are likely to be present in samples where *stx* loss has occurred, although  
312 they will probably exist in small numbers. Furthermore, it would be unwise to assume that *stx*-  
313 negative, *eae*-positive colonies are possible STEC-LST without further analysis. In this study,  
314 one patient was co-infected with STEC O26:H11, EPEC O21, an EPEC of unknown serotype  
315 and EAEC O104:H4. Only EPEC O21 and EAEC O104:H4 grew on CHROMagar STEC. If  
316 CHROMagar STEC were to be used as the only culture medium, the *eae*-positive EPEC O21  
317 could be mistaken for STEC-LST. Although several studies have shown that CHROMagar  
318 STEC is a suitable medium for STEC O26 [32-34], it is clear that the commonly used selective  
319 culture media for STEC do not support growth of all STEC variants. Conversely, the less  
320 selective lactose agar also supports growth of commensal *E. coli*. In the present study,  
321 commensal *E. coli* suppressed STEC O157:H7 from one sample at the primary cultivation  
322 stage. Dual plating on lesser and more selective agars should be performed if STEC isolates are

323 not recovered after a positive *stx* PCR-result from stool or mixed culture. Our data illustrate  
324 that a high number of colonies need to be screened for *stx* if the patient's clinical presentation  
325 suggests the presence of STEC.

326 The present work also showed that STEC may not be recovered if lytic induction occurs during  
327 cultivation. In two of the samples (patient 3 and 9), a positive *stx*-PCR was obtained directly  
328 from stool and from a culture swipe from lactose agar. Representative samples of the colonies  
329 on the plate were tested for *stx*, however, no STEC isolates were identified. It has previously  
330 been shown that free Stx phages may exist in patient stool samples and lead to positive *stx*-PCR  
331 results [35]. Since *stx* was detected in mixed culture on agar and not only from stool samples  
332 in patient 3 and 9, the results are in line with lytic induction upon subculture, rather than the  
333 presence of free Stx phages in the sample. In such cases, DNA from culture swipes could be  
334 used to search for common STEC serotypes or other genetic STEC markers. Although single  
335 isolates cannot be characterized using this approach, a possible STEC infection may be  
336 identified and the STEC serotype recorded for infection control purposes. If *stx* is not detected  
337 in culture swipes, free Stx phages are more likely to have caused the *stx* positive PCR result.

338

339 The present study has some limitations which should be considered. The fecal samples had  
340 been frozen prior to analysis, which may have influenced *stx* loss. The small sample size of  
341 the study is also a limiting factor.

342

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351

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359 Informed consent was obtained from all participants.

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508 **Tables and Figures**

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510 Table 1. Disease characteristics, subtyping and serotyping results for each patient

Patient ID	Age	Sex	Diarrhea	Duration of symptoms (days)	Bloody diarrhea	Fever	Leukocytes max	Thrombocytes min.	Haemoglobin min.	Serum creatinine max.	Antibiotic treatment	Duration of hospitalization (days)	Duration symptoms before hospitalization (days)	Subtyping result <i>stx</i> / <i>eae</i>	Number of follow-up samples	Serotyping result
1	<1	M	yes	2	yes	no	5.7	176	8.9	31	no	2	4	<i>stx2a, eae</i>	3	O26:H11
2	8	K	yes	-	no	no	13.4	363	13.1	-	no	1	5	<i>Stx1</i>	0	O103:
3	1	M	yes	1	no		28.6	326	13.8	25	no	1	1	<i>Stx1</i>	0	O?:H?
4	5	K	yes	-	yes	yes	9.6	286	12.9	32	no	1	2	<i>Stx1</i>	0	O103:
5	47	M	yes	4	yes	no	10.1	272	14.7	83	yes	4	2	<i>stx1/eae</i>		O103:H2/ O145:H28
6	63	M	yes	>10	yes		3.3	83	7.5	140	no	23	>10	<i>stx2a, eae</i>	3	H25
7	58	M	yes	7	yes	no	9.4	302	16.6	73	no	1	7	<i>stx2a, eae</i>	3	<i>E. albertii</i>
8	19	F	yes	3	no	no	19.1	387	13.6	60	no	1	3	<i>stx1/2c, eae</i>	3	O157:H-
9	10	F	yes	14	yes	no								<i>Stx1</i>	0	O?:H?
10	21	F	yes	4	yes	yes	12.3	322	14.1	84	no	0	-	<i>stx1, eae</i>	3	O103:H2
11	42	F	yes	7	no	no					no	0	-	<i>stx1, eae</i>	3	O103:H2
12	70	F	yes	3	yes	no	11.3	198	11.7	54	yes	1	2	<i>stx1/2c, eae</i>	0	O157:H-
13	63	F	yes	10	yes	yes	17.4	238	10.1	60	no	0	-	<i>stx1/2c, eae</i>	3	O157:H-

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514 Table 2. PCR Primers and probes used in this study

PCR assay	Target gene	Primer/probe sequence 5' to 3'	Amplicon size (bp)	Ta*	PCR-efficiency	Reference
Stx 1	<i>stx1</i>	Fwd: GGATAATTTGTTTGCAGTTGATGTC Rev: CAAATCCTGTACATATAAAATTATTTTCGT 6-FAM: CCGTAGATTATTAACCGCCCTTCCTCTGGA	107	60°C	92	[15]
Stx 2	<i>stx2</i>	Fwd: GGGCAGTTATTTGCTGTGGA Rev: GAAAGTATTTGTTGCCGTATTAACGA Y.yellow: ATGTCTATCAGGCGGTTTTGACCATCTT	131	60°C	99	[15].
O26	<i>wzx</i>	Fwd: TTTTATCTGGCGTGCTATCG Rev: CGGGGTTGCTATAGACTGAA 6-FAM: TGGCACTCT/ZEN/TGCTTCGCCTG	247	52°C	94	[16]
O103	<i>wzx</i>	Fwd: GGGCTTGTATTGTACCG Rev: AGTGGCAAACAGCCAACTAC 6-FAM: TCGGGGATT/ZEN/TTCTGCGGATT	169	52°C	97	[16]
O145	<i>wzy</i>	Fwd: TGTTCTGTCTGTTGCTTCA Rev: ATCGCTGAATAAGCACCACT 6-FAM: TGGGCTGCC/ZEN/ACTGATGGGAT	291	52°C	96	[16]
O157	<i>per</i>	Fwd: GTACAAGTCCACAAGGAAAG Rev: CTTGTTTCGATGAGTTTATCTGCA 6-FAM: AGGACCGCAGAGGAAAAGAGAGGAATT	125	52°C	98	[17]
H25	<i>fliC</i>	Fwd: CACAACATYCTTGATAAAGATGG Rev: AACAGAAGCAGCATAGAAGTC 6-FAM: GCAACAGCTGATTATGTTGTTTCAGTCAGG	81	60°C	101	[18]
Lys P	<i>lysP</i>	Fwd: GGGCGCTGCTTTCATATATTCTT Rev: TCCAGATCCAACCGGGAGTATCAGGA	252	52°C	93	[19]

515 \*Ta: Annealing temperature.

516

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518 Table 3. Whole genome sequencing of pairs of *stx*-positive and *stx*-negative *Escherichia* spp.

	<i>stx</i> -negative <i>E. coli</i> <b>O145:H28</b>	<i>stx</i> -positive <i>E. coli</i> <b>O145:H28</b>	<i>stx</i> -negative <i>E.</i> <i>albertii</i>	<i>stx</i> -positive <i>E.</i> <i>albertii</i>
Number of reads	94 292	101 347	72 997	63 006
Read length	15 445	16 738	16 527 bp	17 540
Average coverage	182,3	175,6	210,5	72,26
Number of contigs	5	5	1	8
Number of contigs after circularization	4	3	1	1
Contig lengths	5 457 886 bp 115 737 bp 114 722 bp 56 994 bp	5 461 692 bp 109 862 bp 57 341 bp	4 539 208 bp	4 599 602 bp
Consensus accuracy	0.99982	0.99989	0.99979	0.99964
Stx integration site	yecE	yecE	-	wrbA
Serotype <sup>1</sup>	O145:H28	O145:H28	No H/O	No H/O
MLST type <sup>2,5</sup>	ST-6130	ST-6130	No ST	No S
Plasmids <sup>3</sup>	IncFIB(AP001918) IncI2	IncFIB(AP001918) IncI2	none	none
Virulence genes <sup>4</sup>	iha, tccP, nleC, espJ, cif, nleB, efa1, tir, eae, espA, espB, gad, nleA, nleB, nleC, astA, etpD, ehxA	iha, tccP, nleC, espJ, cif, nleB, efa1, tir, eae, espA, espB, gad, nleA, nleB, nleC, astA, etpD, ehxA, STX2A, STX2B	nleB, , cif, espJ, espF, espA, eae, tir, gad, cdtB, gad	nleB, , cif, espJ, espF, espA, eae, tir, gad, cdtB, gad, STX2A, STX2B

1 = SerotypeFinder [22], 2 = MLST Finder [23], 3 = PlasmidFinder [24], 4 = VirulenceFinder [25], 5=cgMLST Ridom SeqSphere+

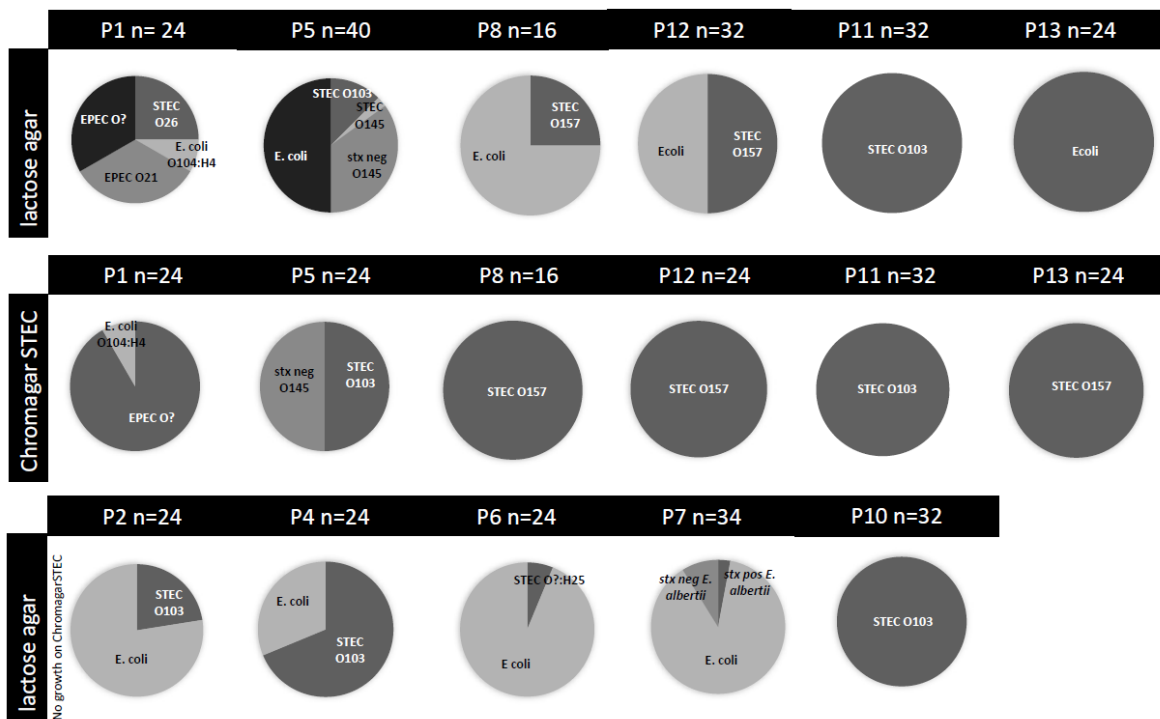
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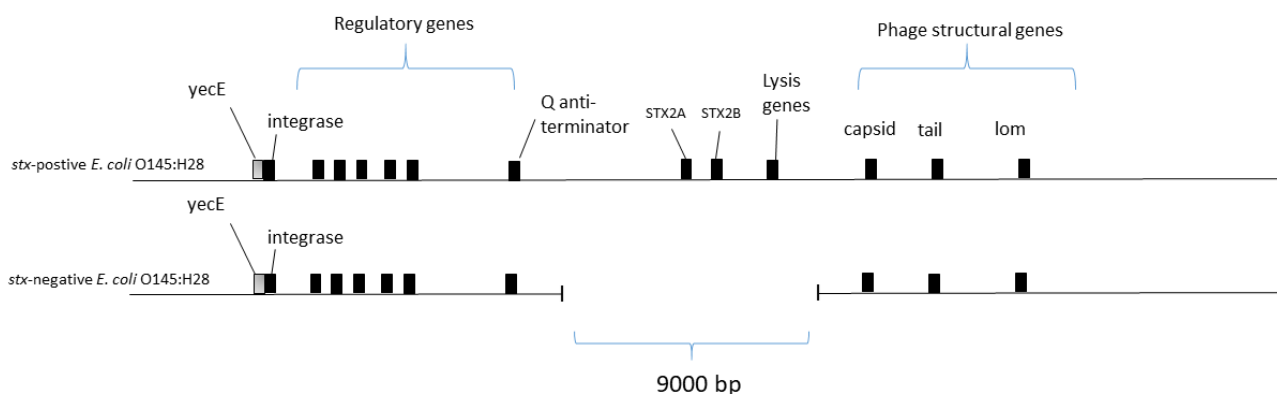


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526 Fig. 1. Recovery of STEC on CHROMagar STEC and lactose agar. In particular, STEC O157  
 527 and STEC O103 were recovered on CHROMagar STEC. Lactose agar was necessary for  
 528 growth of STEC O26:H11 and several other serotypes.

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530 2a



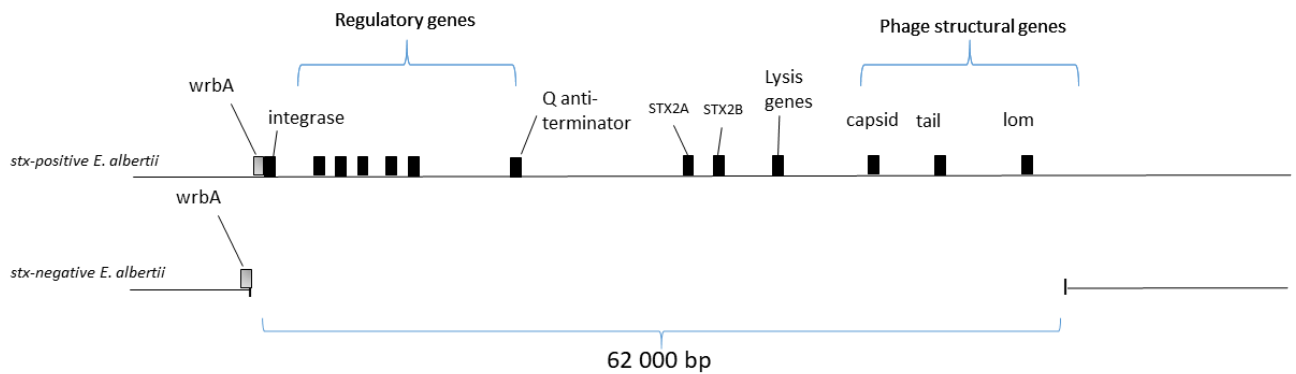
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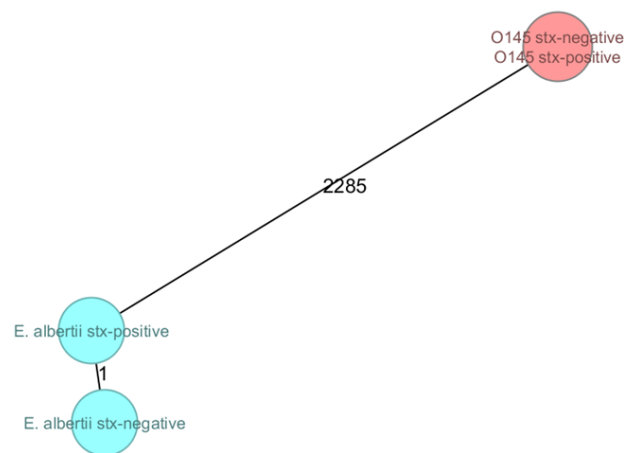
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 539 Fig. 2. (a) Graphical presentation of the integrated Stx encoding bacteriophage sequence in  
 540 *stx*-positive and *stx*-negative isolates of the same serotype. The *stx*-negative *E. coli* O145:H28  
 541 isolate is missing a stretch of approximately 9000 basepairs of the Stx encoding bacteriophage  
 542 compared to the *stx*-positive *E. coli* O145:H28. (b) The *stx*-negative *E. albertii* is missing the  
 543 complete Stx prophage DNA sequence compared to its *stx*-positive counterpart (62 000 bp).  
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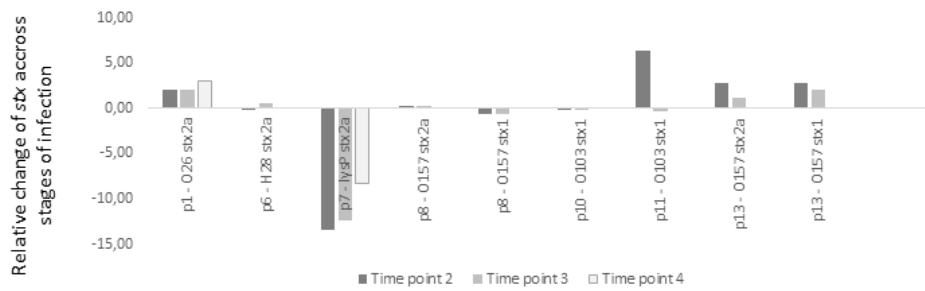


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 547 Fig. 3. Minimum-spanning tree based on cgMLST allelic profiles of two *E. coli* and two *E.*  
 548 *albertii* isolates (*stx*-positive and *stx*-negative pairs). Each circle represents an allelic profile  
 549 based on sequence analysis of 2513 targets. The numbers of the connecting lines illustrate the  
 550 numbers of target genes with differing alleles. Both *E. coli* isolates had 98,4% good cgMLST  
 551 targets, whereas the *E. albertii* isolates had 92,8 and 94,6% good cgMLST targets, respectively.

552 Only, one core genome gene showed allelic difference between the *E. albertii* isolates, whereas  
 553 none differences were observed between the *E. coli* isolates.

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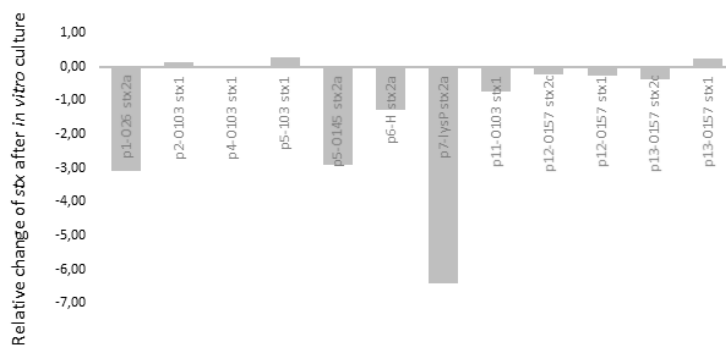
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558 Fig. 4. Relative change (log<sub>2</sub> fold change) of *stx* in follow-up samples compared to time point  
 559 1 for each patient. Samples from patient 7 were *stx*-negative at time point 2, 3 and 4, while *lysP*  
 560 was detected at every time point, indicating the presence of *stx*-negative *E. albertii* and loss of  
 561 *stx in vivo*.

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564 Fig. 5. Relative change (log<sub>2</sub> fold change) of *stx* in bacterial growth on agar compared to stool  
 565 sample from the same patient. Lower quantities of *stx* relative to the O serogroup target gene  
 566 (or *lysP*) were observed for patient 1, 5 and 7, indicating *stx*-loss *in vitro*.

567